Course Description

1. Foundation Courses

**CP 5000 General Psychology**

**CP 5005 Human Development Across Life Span**
Explores the development and growth of an individual from conception through adulthood with the emphasis on his physical, emotional, social, and intellectual states across the lifespan, important developmental issues such as the developmental tasks, personality and character formation, adjustment issues and socialization.

**CP 6101 Statistics and Research Methods in Psychology I**
The basics of research methods and the use of statistics in research, an exploration of the language of research, ethical principles and the elements of the research process in quantitative research, foundation knowledge of statistics includes frequency distributions, measures of central tendency, measures of variability, standard scores, correlation, probability and the basics of hypothesis testing.

**CP 6103 Theory and Practice in Counseling Psychology**
The various theories in counseling and psychotherapy, and intends to train them how to integrate these theories in their future counseling practice. It emphasizes on such theories as the Psychoanalytic Therapy, Adlerian Therapy, Existential Therapy, Person-centered Therapy, Gestalt Therapy, Cognitive-Behavior Therapy and its post-modern approaches. Ethical issues and other related issues in psychotherapy are also discussed.

**CP 6108 Basic Skills in Counseling Psychology**
Basic skills in all counseling approaches, as well as how to organize interviews, gather information, and set goals collaboratively and effectively, and an integrative model of counseling skills that can guide their practice.
CP 6111  Counseling Psychology Practicum I (Individual & Group) (120 Hours) Non-credit
Prerequisites:  CP 6103 Theory and Practice in Counseling Psychology
             CP 6108 Basic Skills in Counseling Psychology
             CP 5004 Professional Development Experience (PDE)
Supervised experience of counseling off-site work settings of not less than 120 hours with a report.
This experience includes both individual counseling and group counseling, the resident supervisor
must produce at least one evaluation of the student’s performance, the supervised training
experience includes the observation and practicing of counseling skills in core areas of counseling,
such as interviewing, assessment, diagnosis, crisis management, and on-going counseling. A key
aspect of this hands-on training is the development of a culturally sensitive and ethical therapeutic
stance, and personal self-reflective counseling focusing on counter transference is required.

CP 6113  Advanced Statistics and Research Methods in Psychology II Non-credit
Research methods and the use of statistics in research. The topics include various quantitative
research designs, univariate and multivariate statistical analyses, interpretation of results, and the
application of statistical software in data analysis. This course is intended to help the students learn
essential research skills to conduct research as part of their study program.

CP 6114  Tests and Assessments in Counseling Psychology Non-credit
Psychological testing and assessment techniques and materials in the areas of personality,
intelligence, neuropsychology, psychopathology, and other areas relevant to counseling psychology,
psychological report writing using test and other assessment data, cultural and ethical issues relating
to psychological testing and assessment.

CP 5004  Professional Development Experience (PDE) (60 Hours) Non-credit
Students must complete not less than 60 hours of Professional Development Experience (PDE) prior
to approval for Counseling Psychology Practicum at off-site work setting. PDE hours may include
supervised training experiences, participation in special departmental lectures, participation in
departmental case conferences, case studies, or other activities pre-approved by assigned faculty.
2. Required Courses

**DCP 8101  Advanced Research Methodology for Counseling  3 (3-0-6)**

Advanced and useful methods of scientific works such as complex factorial design, multivariate analysis of variance, structural equation model (SEM), and techniques of research reporting, testing of hypotheses, selection of research methods and evaluation, sampling, collecting and organizing of data, research reporting with advanced statistical analyses. Writing research proposal for funding from available and various funding bodies is also highly recommended at this stage.

**DCP 8103  Advanced Theory, Practice, Issues and Trends in Counseling  3 (3-0-6)**

Major concepts in group dynamics and theories of group process, and their application to various models of counseling from therapeutic models to personal growth workshops, focusing on ethical approaches with emphasis on diverse setting (i.e. schools, hospitals, etc.), professionals (counselor, psychologists, social workers, etc.), and students, application of group processes and access to different helping situations, and latest issues and trends in counseling, structured and unstructured experimental workshops and team projects which explore facilitating and co-facilitating techniques, appropriate interventions, feedback, authenticity, and leadership styles.

**DCP 8106  Seminar in Ethics in Counseling Profession  3 (3-0-6)**

Comparative and critical in-depth analysis of counseling theories including the interrelationship, philosophical foundations, ethical practices, and practical applications. Students are encouraged to begin developing personal theories relevant to counseling via case analyses and ethical discussions involved, gain actual “hands-on” experiences in counseling, analysis of counseling interviews, role playing, under close supervision in laboratory settings.

**DCP 8111  Seminar in Advanced Counseling Psychology  3 (3-0-6)**

Advanced assessment and counseling skills for working with diverse client groups, conceptualization, suicide risk assessment and crisis counseling skills, didactic and experiential methods refinement of counseling skills and techniques, acquisition of advanced skills and techniques for utilization in practice.

**DCP 8112  Advanced Psychopathology  3 (3-0-6)**

Psychopathology from a developmental, cultural, and family systems perspective, etiology and pathogenesis of clinical disorders with emphasis on distinguishing psychological disorders from physical conditions, pertinent issues regarding the practice of therapy, ethical guidelines relevant to psychotherapy, office procedures, legal issues, and other necessary practical information.
DCP 8113  Advanced Psychological Tests and Measurement  3 (3-0-6)
Advanced methods of psychological testing, measurement and instrument development, application of factor analysis in test validation and hands-on experience to expose students to experiences using real test data in counseling situations and cases (i.e. aptitude, attitude, career, interest, personality tests and other psychological measures), demonstration of how to use these instruments, practice in administration, scoring, reporting and interpretation.

DCP 9103  Advanced Statistics for Counseling Psychology  3 (3-0-6)
Advance analysis of variance, multivariate statistical methods, focusing on advanced regression analysis, discriminant analysis and factor analysis, application of these methods using statistical computing packages.

3. Elective Courses
DCP 8201  Family/Group Dynamics in Counseling  3 (3-0-6)
History, Theories and development of family and group dynamics in counseling, various approaches to family and small group processes, communication and various family and group structures, problem solving approaches for internal and external conflicts, cooperation in family and work settings to enhance personal development as applicable to counseling, and an experimental study with a poster presentation at the end of the course.

DCP 8202  Comparative Social Psychology  3 (3-0-6)
Human social behaviors, various theories and research in social psychology emphasizing group dynamics, attitudes and their formation, development, change, aggression, interpersonal attractions, individual behavior in groups, and analysis of problems in applied settings.

DCP 8204  Advanced Community Counseling  3 (3-0-6)
Philosophy, meanings, objectives, and importance of organization of various kinds of community counseling, current situations and emphasis on the relationship between work and modern day environment, employee assistance program (EAP), school counseling, E-counseling and telephone counseling.
DCP 8205  Individual Research in Counseling  3 (3-0-6)
Research in area of interest. The topic can be of students’ own choosing in conjunction with an assigned course advisor. At the end of this course, an APA style report should be submitted explaining the research conducted and the outcomes. The format should be that could readily be published in academic journals. A proof of submission for publication in academic journals is expected.

DCP 8206  Comparative Theories of Counseling  3 (3-0-6)
Philosophy, characteristics, and concepts of being human and objectives of various theories, ethical approaches, and techniques of counseling such as: psychoanalysis, person-centered approach, trait and factor theory, rational-emotive theory and various behavioral approaches. An emphasis will also placed on the analysis, evaluation and techniques of different counseling approach such as: existentialism, gestalt therapy, reality therapy, and behavioral and eclectic approaches.

DCP 8207  Advanced Lifespan Development/ Aging  3 (3-0-6)
Development aspects of adult life, including biological, cognitive, emotional and social factors that affect relationships, careers and quality of life, evolving theories on child to adult development and human potential. Students will interview individuals in various age groups to gain a further understanding of developmental stages, life cycles, and conflicts with respect to ageing.

DCP 8220  Cultural Psychology for Counseling  3 (3-0-6)
Cultural influences on the counseling process, styles of cognition and perception, emotion influences, values, sense of self, relationship styles, culturally appropriate interventions, awareness of cultural dynamics in a society, cultural influences on the counselor and client being counseled.

DCP 8221  Seminar in Expressive Arts Therapy  3 (3-0-6)
History of using arts in counseling, rationale for and benefits of using arts in counseling, theoretical foundations of expressive arts interventions, assessment and therapy process in counseling using expressive arts practicing arts in counseling with various client groups, ethics related to the use of arts techniques in counseling, conducting research in counseling using expressive arts.
**DCP 8222  Advanced Qualitative Research Design**  
3 (3-0-6)

Methods for acquisition and analysis of data using various qualitative theories and approaches; attention to issues of content analysis, validity, reliability, ethics, and researcher responsibility.

**DCP 8223  School and/or Career Counseling**  
3 (3-0-6)

Career counseling models and techniques including major theories of career development, application of systematic approaches to career guidance and counseling for special populations, work setting, transitions throughout life, with emphasis on career counseling and development in the school setting.

**4. Dissertation**

**DCP 9401  Dissertation 1**  
12 (0-0-36)

Identification of research topics through the process of integrating research and practice by using complex analytical, critical, integrated, and holistic thinking and questioning. Utilization of quantitative and/or qualitative data analysis as methodologies is both allowed. Ethical issues pertaining to the research must be covered in all aspects satisfactorily. A research proposal must be scheduled and defended before a research committee at the end of this course. Students should obtain an acceptance status before proceeding to the next level.

**DCP 9402  Dissertation 2**  
12 (0-0-36)

Prerequisite: DCP 9301 Dissertation 1

Utilization of skills in the integrating of sampling, design, ethics, measurement, validation, and various statistics methods with an emphasis on researching relationships via exploratory and confirmatory factor analyses. This will be a major research report prepared scientifically and in accordance with the conventional and accepted rules of dissertation preparation and writing. It should possess some or all of the following characteristics: 1) brings out a new principle, norm, law, or technique that is relevant to society; 2) accepts, rejects, verifies existing knowledge and discovers facts and ideas not previously known; and 3) deduces conclusions from existing evidence, creates values out of facts. Students must develop comprehensive research instruments in preparation for their dissertation. For those students who choose to employ qualitative research approach, multi-case studies should be carried out. A substantial increase in the work progress must be shown and approved by supervisors before moving on to the next and final stage.
DCP 9403  Dissertation 3  12 (0-0-36)

Prerequisite: DCP 9302 Dissertation 2

Completion of the data collection, discussion, limitation of study and conclusion sections of the dissertation, in reference to the hypothesis. A dissertation defense must be scheduled and successfully accomplished at the end of the course. Students must obtain at least a “Pass” status for the final defense of the dissertation. Around the same time, publication of the dissertation must be sorted and publication acceptance is confirmed as part of graduation requirements.

5. Additional Graduate Requirements

DCP 9502  Pre-Doctoral Internship (1,000 Hours)  Non-credit

A supervised 1,000-hour internship in Counseling Psychology within counseling centers, clinics, hospitals, schools, offices, and other agencies under the supervision of a licensed psychologist. Students will be able to practice counseling, interviewing, in-service training, orientation procedures, and data collection requiring 15 hours or more per week of face-to-face counseling experience with children, adolescents, adults, couples, and families in community agencies, schools, detention centers, hospitals, etc. Also requires participation in seminar discussions of theory and practice of supervision immediately following supervised practice, training workshops, personal psychological counseling, and lifestyle counseling and management skills.

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